

**Family and Infant Neurodevelopmental Education Level 1  
Proposed Program | Agenda  
Joy v. Browne, PhD., IMH-E (IV), Director**

	<b>Day One</b>	
8:00-8:30 am	<b>Registration, Breakfast</b>	
8:30-8:40 am	Welcome	
8:40-9:00 am	FINE Introduction: Family and Infant Neurodevelopmental Education	
9:00-9:45 am	Neurodevelopment	
9:45-10:30 am	Observing Babies	
10:30-10:45 am	<b>Morning Break</b>	
10:45-11:30 am	Family Centered Care	
11:30-12:00 pm	The 5 Step Dialogue	
12:00-1:00pm	<b>Lunch</b>	
1:00-1:45pm	<b>Sensory development</b>	
1:45--2:45 pm	Skills Workshops: 20 minutes with 5 minute transitions <ul style="list-style-type: none"> <li>1. Developmentally supportive weighing</li> <li>2. Developmentally supportive bathing</li> <li>3. Developmentally supportive diapering</li> </ul>	
2:45-3:00pm	<b>Afternoon Break</b>	
3:00-3:45pm	Stress and Pain: including the EVIN Scale	
3:45-4:00pm	Closing Reflections for the Day	
	<b>Day Two</b>	
8:00-8:30 am	<b>Breakfast</b>	
8:00-8:10 am	Morning Check-in	
8:10-9:00 am	Sleep	
9:00-9:45 am	Motor Development & Positioning Comfort Scale	
9:45-10:00 am	<b>Morning Break</b>	
10:00-10:45 am	Kangaroo Care (KC) and Skin-to-Skin Care (SSC)	
10:45 am-11:45 pm	Skills Workshops: 20 minutes with 5 minute transitions <ul style="list-style-type: none"> <li>4. Two person caregiving</li> <li>5. Positioning and supportive nests</li> <li>6. Lifting &amp; turning</li> </ul>	
11:45-12:15 pm	Observing babies 2	
12:15 pm-1:15 pm	<b>Lunch</b>	
1:15-2:00 pm	Eating Readiness and Feeding Support	
2:00-3:00 pm	Skills Workshops: 25 minutes with 5 minute transitions <ul style="list-style-type: none"> <li>7. Eating readiness &amp; oral care</li> <li>8. Supportive feeding strategies</li> <li>9. Parent transfers for KC and SSC</li> </ul>	
3:00-3:15 pm	<b>Afternoon Break</b>	
3:15-3:45 pm	Using FINE in Practice and FINE 2	
3:45-4:00 pm	Closing Discussion and Feedback and next steps	