

# FOUNDATION TOOLKIT FOR FAMILY CENTERED DEVELOPMENTAL CARE (FINE Level 2)

**FINE 2 is an experiential, mentored experience which includes:**

- Bedside implementation
- Weekly online mentoring
- Reflective practice
- Family support strategies

**There are 12 chapters**

- Each chapter to be completed in 1-2 weeks
- Suggested readings to explore the evidence behind the exercise.
- Specific assignments to gain skill in observation or developmental care skills
- Assessments of your institution's practice
- Self-assessments of your own practice
- Opportunities to engage parents and peers in your learning
- Weekly reflections and feedback from your mentor

**Experiences:**

- Observation of autonomic, motor, state systems of infant
- Identifying strengths and challenges of the infant
- Assessment of pain and use of EVIN (Evaluation of Intervention)
- Supporting skin to skin care with infants and families
- Supporting sensitive routine care of the infant
- Supporting infant through medical procedures
- Providing sensitive and enjoyable feeding experiences



Ways of Nurturing Development through  
Enhanced Relationships for BABIES